SPORTS PACK

$6.00
Includes
1 Sandwich (single filling)
1 packet of chips
1 bottle water (350ml)
1 piece of fruit

No Hot Food to be ordered by students going to PSSA Sport

★Friday Only★
### Ordering

Children must order lunches and recess before school commences at 8.55am. Recess items will be delivered to K-2 students. Only Years 3-6 students can purchase items at the canteen at recess.

### Breakfast Menu

(Only Breakfast foods will be served before school)
(8.25am – 8.45am)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milo</td>
<td>$1.00</td>
</tr>
<tr>
<td>Milk - flavoured (Breaka)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Juice Popper (apple or orange)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Water (350ml)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Water (600ml)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Vegemite Toast</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

### Crunch & Sip

(Must be ordered BEFORE 8.55am)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Snack portion (3 pieces of apple)</td>
<td>50c</td>
</tr>
</tbody>
</table>

### Recess Menu

SNACKS
(Must be ordered BEFORE 8.55am)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit Salad Cups</td>
<td>$3.00</td>
</tr>
<tr>
<td>Diced Watermelon Cup</td>
<td>$3.00</td>
</tr>
<tr>
<td>Toasted Cheese Sandwich</td>
<td>$3.50</td>
</tr>
<tr>
<td>Toasted Ham &amp; Cheese Sandwich</td>
<td>$4.50</td>
</tr>
<tr>
<td>Seasonal Fresh Fruit (Whole)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Apple Slinky</td>
<td>$1.50</td>
</tr>
<tr>
<td>Homemade Jelly cup</td>
<td>60c</td>
</tr>
<tr>
<td>Ovalteenies</td>
<td>80c</td>
</tr>
<tr>
<td>Yoghurt Frog</td>
<td>10c</td>
</tr>
</tbody>
</table>

DRINKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>MILK – Flavoured (300ml)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Apple or Orange Popper</td>
<td>$1.20</td>
</tr>
<tr>
<td>WATER – Plain (350ml)</td>
<td>$1.50</td>
</tr>
<tr>
<td>WATER – Plain (600ml)</td>
<td>$2.00</td>
</tr>
<tr>
<td>WATER (small flavoured)</td>
<td>$2.00</td>
</tr>
<tr>
<td>WATER (large flavoured)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Aroona (flavoured mineral)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Retro Cola</td>
<td>$2.00</td>
</tr>
<tr>
<td>Apple Juice</td>
<td>$1.20</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>$1.20</td>
</tr>
<tr>
<td>WATER</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

NEW VOLUNTEERS ARE ALWAYS WELCOME
School Cap $10.00

Can be purchased from the canteen.
Lunch (Must be ordered BEFORE 8.55 am)

Sandwiches (On wholemeal)
- Chicken (Hallal) $3.50
- Ham $3.50
- Tuna $3.50
- Cheese $3.00
- Egg $2.50
- Curried Egg $3.00
- Tomato $3.00
- Vegemite $2.00
- Salad $4.00
- Salad Bowl $4.00
- 3x Cucumber and carrot rice paper rolls $4.00

Menu

EXTRAS - 50 cents each
- Egg / Lettuce / Cheese / Pineapple / Tomato
- Onion / Beetroot / Carrot / Mushroom

Sandwiches
- Tuna & Mayo $4.00
- Egg lettuce & Mayo $4.00
- Thai Chicken Salad $4.50
- Hawaiian $4.50

Wraps
- Corn Cob $1.00
- Garlic Bread $0.80
- Chicken crackles 3 pack $2.00
  (Hallal) 6 pack $4.20
- Chicken Burger $3.50
- Fish Finger 80c
- Beef Nachos $4.00
- Chicken Noodle Cup (Hallal) $3.00
- Hot dog $3.00
- Pie Small $3.00 Large $3.50
- Sausage Roll $3.00
- Toasted Ham & Cheese Sandwich $4.50
- Toasted Cheese Sandwich $3.50
- Sauce 50c Each
  (BBQ, Tomato, Sweet & Sour or Sweet Chilli)

Snacks
- Fruit Salad Cups $3.00
- Diced Watermelon Cup $3.00
- Seasonal Fresh Fruit (Whole) $1.50
- Apple Slinky $1.50
- Homemade Muffin $1.00
- Cheese & Jatz Biscuits $1.00
- Popcorn (small bag) 50c
- Popcorn (large bag) $1.00
- Honey Soy Chips $1.00
- Sea Salt Chips $1.00
- Grain waves $1.00
- Fruit Yoghurt Stick 10c
- Ovalteenies $80c
- Sun fruits 10c
- Homemade Jelly Cup 60c

Frozen Treats
- Animal Pops 30c
- TNT (water ice block) 80c
- TNT Mony 50c
- Double choc (Milk) $1.00
- Moosies (milk) $1.00
- (Strawberry or Chocolate)
- Vanilla Drumsticks $2.00

EXTRAS
- Fruit Salad Cups $3.00
- Diced Watermelon Cup $3.00
- Seasonal Fresh Fruit (Whole) $1.50
- Apple Slinky $1.50
- Homemade Muffin $1.00
- Cheese & Jatz Biscuits $1.00
- Popcorn (small bag) 50c
- Popcorn (large bag) $1.00
- Honey Soy Chips $1.00
- Sea Salt Chips $1.00
- Grain waves $1.00
- Fruit Yoghurt Stick 10c
- Ovalteenies $80c
- Sun fruits 10c
- Homemade Jelly Cup 60c

Sauce (each) 50c
  (BBQ, Tomato, Sweet & Sour or Sweet Chilli)

Menu

PRE-ORDERED items MUST be collected from the canteen. No frozen items will be sent to classes. The lunch bag orders are to be taken to the Canteen and shown as proof of purchase.